



Informed Consent for Therapy Services

Elm Grove Centre Mental Health Services

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The Therapeutic Process: General Information

Welcome to Elm Grove Centre Mental Health Services! You have taken a very positive step by deciding to seek therapy. The therapeutic relationship is unique in that it is a highly personal, and at the same time contractual, agreement. Given this, it is important for us to reach a clear understanding about how our relationship will work and what each of us can expect.

This consent will provide a clear framework for our work together. Please read and indicate that you have reviewed this information and agree to it by adding your signature at the end of this document. Feel free to discuss any of this with your clinician at Elm Grove Centre.

Confidentiality

The session content and all relevant materials to your treatment will be held confidential unless you request in writing to have all or portions of such content released to a specifically named person/persons. We have developed a form enabling you to identify collaboration people with whom you agree to have Elm Grove Centre share/obtain information to/from and will offer you the option to sign the additional form as relevant to your treatment. Limitations of such client held privilege of confidentiality exist and are itemized below:

1. If a client threatens or attempts to commit suicide or otherwise conducts him/her self in a manner in which there is a substantial risk of incurring serious bodily harm.
2. If a client threatens grave bodily harm or death to another person.
3. If the therapist has a reasonable suspicion that a client or other named victim is the perpetrator, observer of, or actual victim of physical, emotional or sexual abuse of children under the age of 18 years.
4. Suspicions as stated above in the case of an elderly person who may be subjected to these abuses.
5. Suspected neglect of the parties named in items #3 and #4.

6. If a court of law issues a legitimate subpoena for information stated on the subpoena.
7. If a client is in therapy or being treated by order of a court of law, or if information is subpoenaed for the purpose of rendering an expert's report to an attorney.

Please note that Elm Grove Centre is a working equine facility, which comprises a team of employees. Confidentiality agreements are in place to ensure anyone on site adheres to client confidentiality. Respecting your right to privacy and confidentiality is the cornerstone of our services at Elm Grove Centre and we treat it with utmost importance.

Occasionally, Elm Grove Centre may need to consult with other professionals in their areas of expertise in order to provide the best treatment for you. Information about you may be shared in this context without using your name.

If a team member from Elm Grove Centre and you see each other accidentally outside of the therapy office, you will not be acknowledged first. However, if you acknowledge our team member first, you will be acknowledged, while recognizing that we will follow appropriateness and reserve therapeutic discussions for the therapy setting.

Name of client (print): _____

Legal guardian (if applicable): _____

Signature: _____

Elm Grove Centre clinician: _____

Date: _____

BY SIGNING I ACKNOWLEDGE THAT I HAVE READ (or the document was read to me), UNDERSTAND, AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.

Josée Gallant-Gordon, R.S.W., M.S.W. and Elm Grove Centre Team, its designates, registered licensed clinicians, and members of our multidisciplinary team approach.