



### Cancellation Policy

Due to the high demand for our services we have established a cancellation policy. If you must cancel your appointment, we respectfully request 48 hours notice. Missed appointments, or appointments cancelled without 48 hours notice, will incur the full session fee.

*\*Please note that if an appointment is missed, it is the client's responsibility to cover the cost as we cannot direct-bill insurance providers for cancelled sessions.*

If you are unable to keep your in-person session, we are set up to offer a secure video session in order to maintain consistency in the therapeutic process.

We recognize the positive step you have taken for yourself in deciding to engage in therapeutic services. A therapeutic relationship is unique in that it is a highly personal and at the same time, a contractual agreement. Given this, it is important for us to reach a clear understanding about how our relationship will work, and what each of us can expect. Part of the relationship dynamic is that your clinician reserves time frames that are specifically for you.

### COVID-19 Symptoms or Positive Tests

If you are experiencing COVID-19 related symptoms or have tested positive for COVID-19, please call 902-806-2257 to arrange for a telephone or video session with your clinician. If you choose not to arrange for one of these options, please refer to the information outlined in the above cancellation policy.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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